Oops! I Broadcast it on the Internet

DID YOU KNOW...
Whoops -- should have thought twice BEFORE posting! More than half of teens who use social media say they have deleted or edited something they posted in the past.

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WHAT DO YOU THINK?
What are some examples of people sharing in a rewarding way?

1. Family Activity
Jason’s mom had recently gotten into social media, which was fine with him -- except for one thing. His mom kept posting pictures that Jason didn’t even realize she was taking. There were photos of Jason and his siblings hanging out on the couch, asleep in the backseat of the car, scoring points at sporting events ... basically, everything. The pictures weren’t exactly embarrassing and definitely wouldn’t get him in trouble, but he just didn’t want them as part of his digital footprint. Jason’s mom promised not to tag him in the pictures and said they were really just for her friends to see, but he still thought he should have a right to decide which pictures of him were posted online.

2. Think Out Loud!
- What is your immediate reaction to this situation? What seems realistic or unrealistic?
- Does Jason’s mom have a right to post pictures of her kids on her personal social media page? At what age do you think kids should be able to have a say over what pictures parents post online?
- What could Jason say to his mom to try to explain his perspective? What policy do you think they could both agree to follow to help them avoid getting frustrated with each other in the future?
- Have you ever been in a situation where someone shared something about you that you didn’t want online? How did you handle it?
- How do you try to make sure others are comfortable with information you share about them online? Is there anything you could do better to respect others’ privacy?

3. Common Sense Says ...
Once you put something online, you can never fully take it back. Even if you delete a post, it may have been copied and pasted by another person or stored on a server. So the expression "better safe than sorry" is absolutely true when it comes to digital life. Rather than posting something impulsively and regretting it later, wait until your emotions are calm, and don’t hesitate to get a second opinion from a trusted adult or mentor if you think something might be in the gray area. Think BEFORE you post -- every single time.

DO YOU REMEMBER ...
What the consequences are of over-sharing online and how you can minimize over-sharing?
Family Media Agreement: 9-12

I will …

**stay safe.**

- I know that there are scams online that I can avoid. Therefore, unless I am filling out a trusted form with my family’s permission, I will not give out my private or financial information.

- I will read the privacy policies of any social network sites or apps that I want to use, and I will pay attention to the types of information these companies can collect about me.

- I know that I have a choice in the kinds of relationships I have online. I will stop talking to anyone who makes me feel pressured or uncomfortable, or acts inappropriately toward me.

**think first.**

- I will model kind behavior online. I will not bully, humiliate, or upset anyone online or with my phone – whether through sharing photos, videos, or screenshots, spreading rumors or gossip, or setting up fake profiles – and I will stand up to those who do.

- I know that the photos and videos I post, and everything that I write about myself and others online, can be saved and shared without my knowing. Therefore, I will not post anything online that I wouldn’t want my family, teachers, college admissions officers, or future employers to see.

- When I use, reference, or share someone else’s creative work online, I will give proper credit to the author or artist. I also know that I have a right to receive credit for any original work that I share online.

**stay balanced.**

- I know that not everything I read, hear, or see online is true. I will consider whether a source is credible. As an author, I will also contribute information thoughtfully and honestly.

- I will be open with my family about how I spend my time with media and show them that I use it responsibly.

- I will be mindful of how much time I spend in front of screens, and I will continue to enjoy the other activities – and people – in my life.

**In exchange, my family agrees to …**

- recognize that media is a big part of my life, even if they don’t always understand why.

- talk with me about what worries them and why, before saying “no.”

- talk to me about my interests and embrace my world, including helping me find media that’s appropriate and fun.

- let me make some mistakes and help me learn from them.

- respect my privacy and talk to me if they have concerns.

signed by me

signed by my parent or caregiver